

Other Comprehensive Personalized Services

Penn Highlands Healthcare at Home also provides a full range of services to help our clients maintain their health and independence in their own home:

Adult Day Services: Located in St. Marys, our center provides an interactive, safe, supervised environment for adults with a dementia-related disease or other organic brain syndrome/physical limitations. We offer a reliable source of support and respite for family caregivers.

Home Health Care: Short-term skilled nursing, rehabilitation and other medical services to help patients recover from surgery, a severe illness, or treatment from a medical condition.

Hospice Care: Medical care, pain management, and emotional-spiritual support for patients at the end of life and their families. We provide care in the patient's home nursing homes or skilled nursing facilities.

Palliative Care: Services to address the physical, emotional, and spiritual needs of patients with complex or chronic diseases to help achieve the highest quality of life possible.



Penn Highlands Healthcare at Home Personal Care at Home

To learn more about the services offered by Penn Highlands Personal Care Services and talk with our staff about available payment options.

Please call us at 800-296-4065.

www.phhealthcare.org/personalcare

Penn Highlands Personal Care Services, a division of Penn Highlands Healthcare at Home, provides quality home health care and hospice services regardless of race, religion, creed, national origin, ancestry, age, sex, lifestyle, value/belief system, handicap (as defined by law) or financial status.



SCAN ME

Personal Care at Home

Penn Highlands Healthcare at Home

Care to help your loved one remain living independently at home and also bring relief to caregivers



A Helping Hand at Home

Sometimes, the difference between continuing to live independently at home and having to move into an assisted living community is just a matter of some simple services. That's where Penn Highlands Personal Care Services can help.

Unlike home health medical care, personal care services provide assistance with everyday activities while also providing companionship to the client and respite for caregivers. Our personal caregivers are thoroughly trained to offer trusted supervision for people with all types of medical conditions, including Alzheimer's or dementia.

PERSONAL CAREGIVER

Our compassionate in-home personal caregivers can provide basic support for activities of daily living such as:

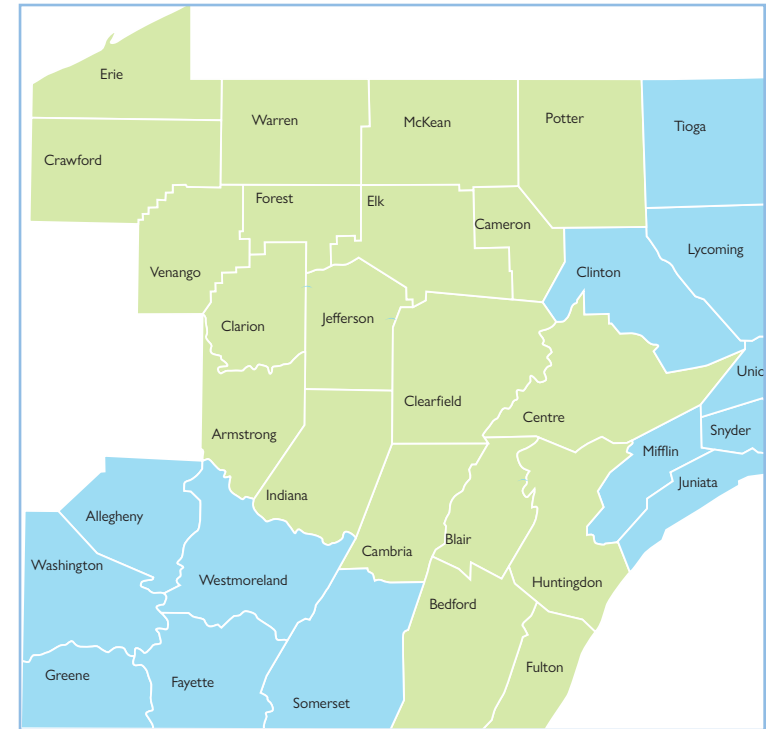
- Personal grooming, including bathing, shaving, getting dressed, oral care, and hair care
- Moving around the house safely and transferring from a chair, toilet, or bed
- Errands, such as grocery shopping
- Preparing meals and assisting with feeding
- Household chores including light housekeeping, changing bed linens, trash removal, and laundry
- Reminders, such as to take medications

SCHEDULING AND PAYING FOR PERSONAL CARE SERVICES

Our experienced caregivers provide non-medical services on an hourly basis. You choose how frequently and how many hours you need, whether it be just an hour here and there or 24-hour care. Personal care services are not covered by Medicare or other types of health insurance and are usually paid for by the patient or family. Some types of long-term care insurance and government-funded programs may pay for this care for eligible individuals.

WHERE CAN I GET PENN HIGHLANDS PERSONAL CARE SERVICES?

Penn Highlands Personal Care Services has 11 offices, serving 20 counties in Central Pennsylvania. Our personal care services are offered in Armstrong, Bedford, Blair, Cameron, Centre, Clarion, Clearfield, Crawford, Elk, Erie, Forrest, Fulton, Huntingdon, Indiana, Jefferson, McKean, Potter, Venango, and Warren counties.



LEARN MORE TODAY!

Call Penn Highlands Healthcare at Home at 800-296-4065 for a free assessment. We will work with you to develop a customized plan that best meets your needs and your budget. You do not need a physician's referral.