

# THE WOUND CENTER

## *Penn Highlands Elk*

### THE WOUND CENTER

Each year, millions suffer from chronic wounds caused by diabetes, poor circulation or traumatic injury. These open wounds put patients at risk for serious infection and, if not treated, could lead to amputation or death.

**The Wound Center of Penn Highlands Elk** is an outpatient treatment center that provides comprehensive therapy for non-healing wounds. The Wound Center, located at PH Elk, has a highly trained staff with one focus - best outcome for the patient. The motto is "No wound has to be chronic."

The care of non-healing wounds has become a specialty unto itself. The time involved to assist these wounds to heal could be prohibitive for many doctors' offices. The Wound Center works with your doctor, just like any other medical specialist. We will discuss your treatment plan with your physician and keep him/her updated with your progress. You will need to continue to see your doctor for routine medical care.

### YOUR FIRST VISIT TO THE WOUND CENTER

Your first visit to The Wound Center will include a thorough wound assessment and a review of your health history to determine risk factors and barriers to healing. The Wound Center will create a plan of care tailored specifically to you.

This will include regular visits to The Wound Center to provide treatment, evaluate progress and make any changes that may be needed. You or your caregiver will be given detailed instructions on how to care for your wound. Often times, Home Health may be involved to assist with dressing changes or help address ongoing barriers that may occur at home.

### EDUCATION AND PREVENTION

Essential to healing is prevention: people who suffer chronic-type wounds may be at risk for wounds in the future. Your education begins on the first visit to The Wound Center and continues until your final visit.

Through a multidisciplinary approach, The Wound Center provides high quality care which results in excellent outcomes. Treatment(s) may include but not limited to: debridement, compression wraps, casting, negative

[www.phhealthcare.org](http://www.phhealthcare.org)

**For an appointment, call 788-8844.**  
*A physician referral is not required.*

### MEET THE STAFF:

**John R. Hewitt, DPM**  
Podiatry and Wound Care

**M. Habib Zubair, MD, DABS**  
General Surgery

*All providers listed above offer wound care at the center. The team collaborates with the patients' primary care physicians.*

The Wound Center accepts most major insurances.

pressure wound therapy, biopsy, skin substitute and laboratory and other diagnostic testing.

Wound Center patients see a specialist, highly trained in wound care, during every visit. The initial visit includes a comprehensive medical history, physical assessment, wound and past treatment history, wound assessment and patient/family education.

The Wound Center of Penn Highlands Elk specializes in wound care for patients with chronic wounds of all types. We care for patients with the following types of wounds:

- Diabetic
- Neuropathic
- Pressure
- Ischemic
- Venous insufficiency
- Traumatic
- Surgical
- Vasculitis
- Burns
- Peristomal skin irritations
- As well as other chronic non-healing wounds

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Penn Highlands Elk  
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