

# NEW APPROACH TO SUCCESS

Do you or someone you know struggle with substance use and are pregnant? We are here to help!

## *Penn Highlands DuBois*

### WHAT IS A SUD PREGNANCY-POSTPARTUM CARE COORDINATOR?

Substance Use Disorder (SUD) Pregnancy-Postpartum Care Coordination is a Penn Highlands Healthcare team-based process that assesses, plans, implements, coordinates, monitors and evaluates the options and services to support and meet the individual's needs. SUD Care Coordinator is a part of the client's treatment plan which is done in coordination with both the client and a multidisciplinary team. Care Coordinator, as well as all SUD providers, shall be consistent with and shall not violate confidentiality of alcohol and drug clients as set forth in 42 CFR Part 2. Care Coordinator will focus on the health and wellness of the New Approach to Success Program client throughout their pregnancy and one year after delivery.

### HOW WILL THIS SERVICE BENEFIT YOU?

- Coordinate services with Clearfield-Jefferson Drug and Alcohol Commission and Alcohol and Drug Abuse Services
- Assist with consults and referrals which may include:
  - Substance use treatment and/or Medication-Assisted Treatment (MAT)
  - Social work
  - Maternal fetal medicine
  - Infectious disease
  - Dental
  - Nutritionist
  - Behavioral health
  - Readiness to care for baby
  - Support person throughout pregnancy and up to one year postpartum
- Educate mothers on triggers, cravings, Neonatal Abstinence Syndrome (NAS), umbilical cord testing, Plan of Safe Care and contraception
- Provide education and resources throughout care



### WHERE IS THIS SERVICE PROVIDED?

Our Care Coordinator is able to meet with you in the community, behavioral health, OB appointments, by phone or any other locations that are deemed safe.

### INCENTIVES FOR PARTICIPATION!

For your participation and time, we will offer incentives for your participation. Making every appointment, you'll receive either a pack of diapers or wipes. If you make all your scheduled appointments for 4 months, you'll be given a \$15.00 Walmart gift card plus a pack of diapers and wipes. When you make all your OB-GYN appointments, you'll receive a diaper bag with changing station built in packed full of baby essentials.

**Please contact the SUD Pregnancy/Postpartum Care Coordinator at Penn Highlands DuBois if you're interested in this program at 814-503-2623.**