



June 2024

Tenant Council Meeting

- Held the 1st Monday of each month at 1pm in the Dining Room. May meeting will be held on 5/6/2024 at 1pm. All are encouraged & welcome to attend. Great opportunity to share your input, any interest for future events & socialization.

Memorial Day Picnic

- Monday, May 27th 12:00 noon Flag dedication, followed by lunch at 12:15pm. Cost is \$4.00 per resident. Our Honor Guard guests will be free. Tenant Council will have hamburgers, hot dogs & buns. Tenants are asked to bring a dish to share. Sign up is needed for this event. Please pay your money to Jackie Limrick.

EUM Church

- Tuesday, May 21st at noon. Please join in for fellowship & luncheon. No cost. All are welcome. Sign up is needed.

May Birthday Celebration

- Friday, May 10th at 5pm. Pizza & cake. Cost is \$5.00. Sign up needed. Remember anyone with May birthday is free! Happy Birthday!

2nd Harvest Food Delivery

Wednesday, May 1st at 9am. 1st Wednesday of each month at 9am in the Dining Room. Please stop in to pick up your box. Anyone in need of this service must qualify. Qualifications are listed on the bulletin board. For further information stop in at the office for an application.

The Beauty Shop is open on Thursday's.

Please see the bulletin board to sign up for a time. It has been noticed that participation has been dwindling. Again if you don't support those bringing services into the building, it is likely that these services will be cancelled.

Ladies Appreciation Brunch

May is a great month to celebrate ladies! All ladies are welcome to attend the brunch at 10am. Cost will be \$5.00 per lady. Menu: Breakfast casserole, fruit, Danish, coffee. Sign up needed. You can pay your money in the office.

Life Program Education

Please join this education event that will be held on Monday, May 13th at 11am. Watch the bulletin board for more information & details.

Power washing

Will be scheduled in May. Watch bulletin board for more details. You will need to make sure your windows are closed during the power washing.

Tenant Council Snack Bar

Wednesdays, 5/8/24 & 5/22/24 in the Dining Room from 6-7pm. Come get some snacks at reasonable prices & support your tenant council.

Hymn Sing

Theresa Slike is back & volunteering her time twice a month for Hymn Sing. She will be here on Tuesday, May 7th & May 21st at 6:30pm. Please stop in to say hello & enjoy singing with friends.

Outside Events

New events with Stormy – Both Weather permitting

Mondays & Wednesday at 10am meet in the lobby. Morning walk with Stormy & Dick, walk around the parking lot, the flag pole & maybe up to the Armory & back.

Tuesday & Thursday at 5pm meet in the lobby. Play fetch with Stormy & Jody in the field behind NFH. Good opportunity to get outside, get some fresh air & exercise with friends.

Security Channel

Did you know if you turn your **TV to channel 1970**, used to be 952, it **provides 24 hours a day picture of the main entrance?** The purpose of this feature is when you have friends, family, care givers come to the building & the main door is locked. They use the intercom button to notify you they are here, you check channel 1970 to ensure it is that person, if it is then you press the unlock button on your intercom & it will unlock the door for that person to enter the building. Please always confirm who is waiting to enter the building that you know that person before pushing the button. If you have any questions, please stop by the office & we will gladly go over it with you.

Patio Doors

Jefferson County Area Aging of Aging

Care Managers will be visiting tenants at North Fork Heights on Friday, June, 7th beginning at 10:30am. This is an outreach service by the Jefferson County Area Aging of Aging. The Care Managers would give the residents an agency brochure and an agency pen and ask them to contact us if they are interested in hearing more about our services.

Apartment Inspections

Management will be conducting annual apartment inspections in June. Tentative dates will be:

June 4 th – A wing upstairs	June 5 th – A wing downstairs
June 11 th – B wing upstairs	June 12 th – B wing downstairs
June 18 th – C wing upstairs	June 19 th – C wing downstairs

If you keep up with your apartment on a weekly basis, then apartment inspections go smoothly. When you procrastinate working in your apartment, then it becomes stressful as you are trying to get it all done at the last minute.

Reminder pull cords must be accessible, cannot be behind furniture, items cannot be stacked in front of pull cords and cannot be taped up to the wall. Windows cannot be blocked and must be accessible. Apartments must be clean and in an organized manner because excessive clutter is a safety issue. Please do not hang an excessive amount of items/weight from your interior doors as it causes them to bow & not close properly. Kitchen counters must be accessible to check GFI outlets. Please do not have a sink full of dirty dishes, have your toilets flushed & bathroom picked up so we can inspect. This includes your bath tub if you choose to use it as a storage area. We will be turning on the water to be checking for leaks & making sure it drains properly. The House Rules were updated in 2022 to include lease violations will be issued for non-compliance issues during apartment inspections.

North Fork Heights

May 2024 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			9am 2nd Harvest Food Delivery	9am Beauty Shop	9-4pm Tenant Council Flea Market	9-3pm Tenant Council Flea Market
				5pm Fetch with Stormy	9am-1pm Happy Healthy You Day Heritage House	NO Bingo
5	6	7	8	9	10	11
	10am Walk with Stormy & Dick		10am Walk with Stormy & Dick	9am Beauty Shop		10am Ladies Appreciation Brunch
		5pm Fetch with Stormy		5pm Fetch with Stormy		
		6:30pm Hymn Sing			5pm Birthday Party/Pizza sign up needed	6pm Bingo
			6-7pm Snack Bar			
12	13	14	15	16	17	18
Happy Mother's Day	10am Walk with Stormy & Dick		10am Walk with Stormy & Dick	9am Beauty Shop		
	11am Life Program Education	10am Patty Hurd Surprise	1pm PennHighlands Resource Day Blood Pressure & Educ.	5pm Fetch with Stormy		6pm Bingo
Becky Vacation 5/16-5/24	Happy Birthday Jackie Limrick!	5pm Fetch with Stormy Happy Birthday Dick Atcheson!				
19	20	21	22	23	24	25
	10am Walk with Stormy & Dick		10am Walk with Stormy & Dick	9am Beauty Shop		
Becky Vacation 5/16-5/24		12:00 EUM Church Fellowship and Luncheon		5pm Fetch with Stormy Happy Birthday Brian Uvegus!		6pm Bingo
		5pm Fetch with Stormy				
		6:30pm Hymn Sing	6-7pm Snack Bar			
26	27	28	29	30	31	
	Memorial Day		10am Walk with Stormy & Dick	9am Beauty Shop 1pm Game Day		
Jody Vacation 5/25-6/1	12:00 Honor Guard Flag Dedication					
Happy Birthday Deb Davis!	12:15pm Picnic Lunch					

Calendar subject to change

North Fork Heights
Main Line:
814-849-0814



**Penn Highlands
WRC Senior Services**
Advanced Medicine. Here.