
WHEN YOU WANT THE BEST FOR YOUR LOVED ONE, CHOOSE PENN HIGHLANDS JEFFERSON MANOR.

As a part-time or full-time caregiver, many challenges are faced every day. One of the biggest challenges is making sure your loved one is getting the best care. Because many caregivers are relatives who have a personal connection with the person they are caring for, many caregivers struggle to allow someone else to care for their loved ones. Although it is tough, most of the time, the best option is to find a safe place for the loved one to live where there is caring staff and a loving environment. Finding a new home where someone can assist them all day long will allow the caregiver to become the spouse, daughter, son, or friend again.

We provide a continuum of care for residents in various conditions and stages of life, including:

- Independent living
- Personal care
- Skilled and intermediate nursing care
- Memory support with secure units available
- Occupational therapy
- Physical therapy
- Speech therapy

Learn more about who we are and what we offer by giving us a call at 814-849-8026. Our team at Jefferson Manor is available to answer any questions or show you around our community.



**Penn
Highlands
Healthcare**

Penn Highlands Jefferson Manor

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Penn Highlands Jefferson Manor

Skilled Nursing Care



**Penn
Highlands
Healthcare**

Penn Highlands Jefferson Manor is committed to providing quality, personalized care. In our community, Jefferson Manor has become the preferred choice for many individual residents as well as their family members.

Our community is small enough to have genuine caring relationships between our caregivers and residents with trust and respect. Yet, we are big enough to offer a continuum of care to provide extended care when that time arrives. Our services include: independent living, personal care, skilled nursing care, rehabilitation, hospice and respite care.

Whether you utilize our short term rehabilitation to aid in your recovery from an illness or injury, choose long term care, or a respite stay, we will assist you in making the transition to Jefferson Manor a smooth one.

It is our goal to create and maintain a safe, homelike environment where each resident is treated with dignity and respect.

SKILLED NURSING CARE

Your loved one will receive goal oriented treatment with continual monitoring of progress including care plan meetings and progress updates. Our Social Services Department provides psychosocial and emotional support to residents and their families. Our Skilled Nursing Unit is equipped with a family lounge featuring a television, a telephone, comfortable seating arrangements, and a kitchen.

Skilled Care Units feature:

- Refrigerator
- TV Cable
- Phone
- Spacious, decorated, and furnished unit

- Spacious Private and semi-private rooms
- Rooms equipped with premium cable televisions and private telephones

MEMORY SUPPORT UNIT

Our Memory Support Staff receives specialized training in all aspects of the resident's needs, including: medical, emotional, spiritual, physical and psychological, as well as behavioral management and communication techniques. Family members' input is very important when the staff assesses the resident and develops a plan of care. Family members are encouraged to participate in unit activities. Our Memory Support team members provide emotional and physical support to residents and their families. A professional friendly experienced social worker is also on staff Monday through Friday to assist with discharge planning, care plans, and emotional support.

Memory Support Units feature:

- Tastefully decorated rooms
- Wandering path for resident who tend to pace (friends unit only)
- Memory box in the hallway with personal items and memorabilia (friends unit only)
- A large, enclosed (fenced in) courtyard allowing residents to enjoy the outside atmosphere while maintaining their safety
- Memory Support activity room featuring a sound system and assorted tactile stimuli

RESPITE CARE

Respite Care is designed to maintain the level of care in the home, on a temporary basis, in our health care center.

Jefferson Manor believes that every older adult has the right to maintain their independence within their home environment for as long as possible. Jefferson Manor supports the efforts of the caregivers in our community by offering the Respite Care program. Respite Care provides the



opportunity for a caregiver to enjoy a weekend getaway, take a short vacation, or even receive the healthcare they need in order to best care for their loved one.

THERAPY SERVICES

Restoring activities of daily living lost due to age, injury, illness or surgery is a crucial milestone for someone who hopes to maintain their independence. Whether it's through occupational therapy, speech therapy or physical therapy, the goal of rehab at Jefferson Manor is to return our patients back to functional living. Our team works collaboratively to develop and coordinate a program specific to each individual's needs—and we encourage family members to participate in that plan.

Therapy services offered:

- Physical Therapy
- Occupational Therapy
- Speech Therapy