



# CHRISTOPHER VARACALLO, DO, CAQSM, FAAFP ORTHOPEDIC/SPORTS MEDICINE CARE

Christopher Varacallo, DO, sports fellowship-trained and board-certified orthopedic physician, provides comprehensive non-surgical orthopedic care to patients at Penn Highlands Orthopedics and Sports Medicine in DuBois and Clarion. He possesses additional expertise in the areas of athletic injuries, osteopathic medicine and athletic training programs.

**Medical School** - Ohio University College of Osteopathic Medicine, Athens, OH

**Residency** - Family Medicine, Fairview Hospital/Cleveland Clinic, Cleveland, OH

**Fellowship** - Sports Medicine, Palmetto Health/University of South Carolina, Columbia, SC

**Member** - American College of Sports Medicine

**Member** - American Medical Society of Sports Medicine

**Member** - American College of Osteopathic Family Physicians

**Member** - American Academy of Family Physicians

**Member** - American Osteopathic Association

## COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Joint injuries, such as dislocation
- Fractures
- Overuse injuries, including:
  - Stress fractures
  - Tendonitis
  - Osteoarthritis
- Joint injections
- Ultrasound-guided diagnosis, treatments and injections
- Concussion treatment
- Pain block for knee pain, hip pain, shoulder pain
- Minimally-invasive tendon procedures to treat:
  - Tennis elbow
  - Shoulder pain
  - Hip pain
  - Plantar fasciitis
  - Achilles tendonitis
- Biologic injections
- Prolotherapy
- Carpal tunnel release (CTR)

To make an appointment or to find out more about the Orthopedic services at Penn Highlands Healthcare, contact the office at 814-375-6200 or visit [www.phhealthcare.org](http://www.phhealthcare.org).

## PENN HIGHLANDS ORTHOPEDICS AND SPORTS MEDICINE

A Service of Penn Highlands DuBois

Clarion Community  
Medical Building  
265 Holiday Inn Road  
Route 68  
Clarion, PA

**814-297-8861 phone**

**814-297-8862 fax**

Medical Arts Building  
145 Hospital Avenue  
Suite 311  
DuBois, PA 15801

**814-375-6200 phone**

**814-375-6452 fax**

Accepting major insurances.

