Sometimes, We Are Hurting – But Not in a Physical Way.

You don't have to struggle alone. Penn Highlands Healthcare is proud to offer specialized and comprehensive Behavioral Health care in both outpatient and inpatient settings for those age 5 and up.

Using a multidisciplinary approach, we offer psychiatric evaluation, medication management, psychological assessment, and individual and family psychotherapy. Our skilled team consists of psychiatrists, psychologists, physician assistants, nurse practitioners, licensed clinical social workers and licensed professional counselors at each hospital.

WE OFFER:

Inpatient Behavioral Health Services
- Adult
- Child/Adolescent
- Geriatric

Outpatient Behavioral Health Services
- Addiction Medicine
- Medication management
- Therapy Services

Psychiatric Residential Treatment Program
- Child/Adolescent

We accept many commercial insurances, Medicare, Medicaid, HMOs and managed care.

Penn Highlands Healthcare

Outpatient Behavioral Health Services at Penn Highlands Healthcare

THE STERN CENTER FOR BEHAVIORAL HEALTH CENTER

Penn Highlands DuBois, East Campus
535 Sunflower Drive | DuBois, PA
- *Addiction Medicine*
- *Adult Outpatient Behavioral Health Therapy Services*
- *Child and Adolescent Outpatient Behavioral Health Therapy Services*

PENN HIGHLANDS CLEARFIELD

809 Turnpike Avenue, 2nd floor | Clearfield, PA
- *Adult Outpatient Behavioral Health Therapy Services*
- *Child and Adolescent Outpatient Behavioral Health Therapy Services*

For more information or to make a referral, please call us at 814-375-6379.

www.phhealthcare.org/addiction

Penn Highlands Healthcare

Inpatient Behavioral Health Services at Penn Highlands Healthcare

THE STERN CENTER FOR BEHAVIORAL HEALTH CENTER

Penn Highlands DuBois, East Campus
535 Sunflower Drive | DuBois, PA
- *Adult Inpatient Behavioral Health Program*
- *Child and Adolescent Inpatient Program*

PENN HIGHLANDS BROOKVILLE

100 Hospital Road, Third Floor | Brookville, PA
- *Geropsychiatric Inpatient Unit*

PENN HIGHLANDS CLEARFIELD

809 Turnpike Avenue, 2nd floor | Clearfield, PA
- *Geropsychiatric Inpatient Unit*

PENN HIGHLANDS HUNTINGDON

1225 Warm Springs Avenue, 3rd floor | Huntingdon, PA
- *Adult Inpatient Behavioral Health Services*

For more information or to make a referral, please call us at 814-375-6353.

www.phhealthcare.org/bhs

PHH-BR-17-26

Behavioral Health Services

Penn Highlands Healthcare Northwest/Central Region

Penn Highlands Healthcare

OUTPATIENT SERVICES

Outpatient Behavioral Health Therapy

We provide patients with a variety of outpatient counseling, therapies and assessments for mild to severe behavioral health conditions. We offer psychiatric evaluation, medication management, psychological assessment and individual and family psychotherapy.

We offer these outpatient services for adults as well as children and adolescents in Clearfield and DuBois.

Addiction Medicine

Addiction, or substance abuse disorder, is a treatable chronic medical disease involving complex interactions among brain circuits, genetics, the environment and an individual's life experiences. Addiction is the compulsive use of substances despite loss of money, relationships, family members, employment, freedom, health, dignity and even life. Throughout the United States, addiction impacts millions of lives including thousands in Pennsylvania.

Addiction medicine provides evidence-based prevention, evaluation, diagnosis treatment and medical management services for people struggling with unhealthy substance abuse.

Services Offered

- Medication-assisted treatment

We offer addiction medicine services for adults in DuBois.

INPATIENT SERVICES

Adult Inpatient Program

Our adult inpatient programs in DuBois and Huntingdon specialize in the treatment of emotional and behavioral difficulties experienced by individuals 18 years or older. These units operate 24/7 and feature both private and semi-private bedrooms as well as living, dining and recreational areas. Intensive psychotherapies, nursing and educational services aim to re-establish emotional and cognitive stability, enhance self-confidence, instill and reinforce coping capabilities and initiate a plan of post-hospital care to complete and sustain recovery.

Child and Adolescent Inpatient Program

The Stern Center for Behavioral Health Child/Adolescent unit in DuBois offers care to those ages 5-18. The unit operates 24/7 and has private rooms, a classroom, dining room, recreational lounge and therapy offices.

Patients are seen daily by a multidisciplinary team including a child/adolescent psychiatrist. Daily classroom instruction and recreational activities are also integrated into the program.

R Place is a Psychiatric Residential Treatment Facility (P-RTF) unit which is a step-down treatment center extending up to 90 days. This unit cares for the child/adolescent population, ages 8-18.

Gerospychiatric Inpatient Program

Inpatient care for those age 55 and older is available in Brookville and Clearfield. Both locations feature a geropsychiatric inpatient unit specializing in the treatment of emotional and behavioral difficulties often experienced by individuals 55 years and older.

Services are offered in a calm and quiet home-like environment, while ensuring patients receive the highest quality care for both their medical and mental health needs. The program has a strong emphasis on wellness and therapeutic activities, ensuring patients receive the highest quality care for both their medical and mental health.

Conditions treated:

- Depression
- Schizophrenia
- Suicidal threats and/or actions
- Bipolar disorder
- Excessive fears and anxiety
- Acting out or dangerous behaviors
- Confusion or mental status changes
- Compulsive disorders
- Hallucinations and delusions
- Behavioral disturbances and problems associated with dementia
- Paranoia

Services include, but are not limited to:

- 24-hour nursing care and support
- Psychiatric assessment and stabilization
- Medication evaluation and management
- Multidisciplinary treatment planning
- Coordination of care with other providers
- Psychotherapy services (individual, group and family therapy)
- Diagnostic and laboratory testing
- Exercise, nutrition and wellness education
- Leisure and recreational therapeutic activities
- Daily comprehensive physical and emotional assessment by a registered nurse
- Physical, occupational and speech therapy as needed
- Case management and placement services
- Discharge planning and referrals
- On-site face-to-face assessments
- Family and patient education and support
- Music therapy (at Penn Highlands Brookville)

Referrals To Behavioral Health Services

The Psychiatric Admissions Department is available 24/7 to provide assessments by trained mental health staff for inpatient placement or can provide a referral for Outpatient services. Direct referrals can be made directly to the Psychiatric Admissions Department by Emergency Departments, County Crisis Agencies, and Case Managers, provided that sufficient clinical information is available. If admission is indicated, the referred patient must be medically cleared and admitted through an Emergency Department.

For more information or to make a referral, please call:
Inpatient Referral Line - 814-375-6353
Outpatient Referral Line - 814-375-6379