



Lung Care  
at Penn Highlands Healthcare

**THE LUNG CENTER**

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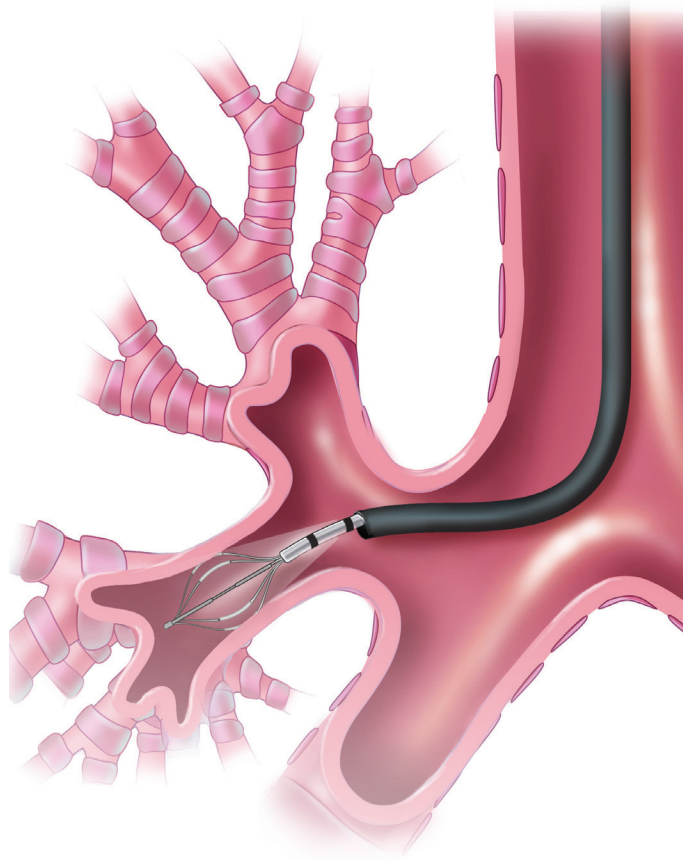
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[www.phhealthcare.org/lung](http://www.phhealthcare.org/lung)

April 2020

# Bronchial Thermoplasty

*Penn Highlands Healthcare*



# Is Asthma Limiting Your Life?

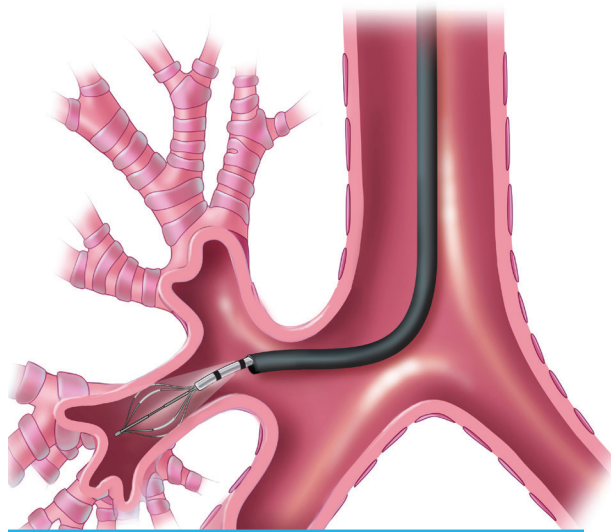
## Are you...

- Taking multiple asthma medications but still having asthma symptoms?
- Adjusting your lifestyle to avoid asthma triggers?
- Missing work, school or daily activities because of asthma?

If you are an adult with severe asthma and answered “yes” to the questions above, you might be a candidate for the Bronchial Thermoplasty treatment, offered by The Lung Center.\*

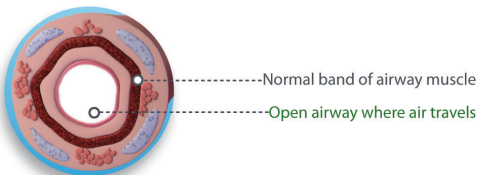
The Lung Center is excited to announce a breakthrough procedure in the treatment of asthma. Bronchial thermoplasty (BT) is a non-drug procedure for severe persistent asthma in patients 18 years and older whose asthma is not well controlled with inhaled corticosteroids and long-acting beta agonists.

BT is a minimally invasive bronchoscopic procedure performed in three outpatient procedure visits, each treating a different area of the lungs and scheduled approximately three weeks apart. After all three procedures are performed, the bronchial thermoplasty treatment is complete.

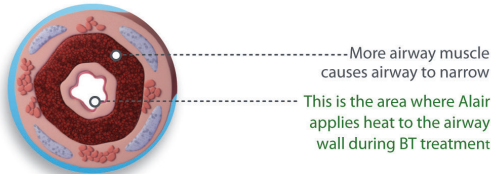


Airways Before and After Bronchial Thermoplasty Treatment

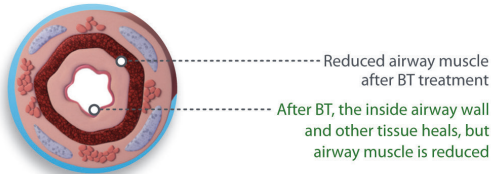
Airway of Person without Asthma



Airway of Person with Severe Asthma



Airway of Person with Severe Asthma after Treatment



\* Insurance coverage for the bronchial thermoplasty procedure varies; The Lung Center can help you with the preauthorization process.