



# MyDocNow

## Virtual Doctor Visits\*

Seeing your Penn Highlands' doctor just got easier. We are bringing healthcare to you in the comfort of your own home. Penn Highlands Healthcare is proud to offer telemedicine services for our patients through our new service MyDocNow.

### WHAT IS TELEMEDICINE?

Telemedicine allows you to see a provider that is located at another facility without requiring you to travel to the provider's location for an appointment. This visit can be accessed via your home computer, tablet, or smartphone. During a MyDocNow appointment, you and the provider will be able to see and hear each other, creating an opportunity to discuss health concerns and care plans.

### HOW DOES THE MYDOCNOW SERVICE WORK?

Call your doctor and schedule a telemedicine appointment. Your doctor will decide what they feel can be seen virtually vs having you come into the office to be seen in person. Please note that not all appointments are appropriate for a virtual visit.

No apps or registration required. At the time of your appointment your provider will send you a link to join the video visit. They can send the link as a text message or email.

To change or cancel your appointment please call your doctor's office.

### HOW MUCH DOES THIS SERVICE COST?

Penn Highlands will bill your insurance and any required co-pay amounts after the visit.

You can visit with your provider online using a smartphone, tablet or computer. MyDocNow virtual visits are private, secure and more convenient for you.

See your provider today in the comfort of your own home, at work or anywhere!

## Visit With A Provider In 3 Easy Steps:

**Step 1:** Call your doctor's office for an appointment.

**Step 2:** Join the video visit via link, that is sent at the time of your appointment.

**Step 3:** Get Treatment. Feel better.

\* An appointment is required, please call your doctor's office to schedule.