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# Pathway To Healing Program

*Penn Highlands Healthcare*



Pathway To Healing Program

**PENN HIGHLANDS BROOKVILLE**

CASE MANAGEMENT

**814-849-1891**

**PENN HIGHLANDS ELK**

CASE MANAGEMENT

**814-788-8897**

**PENN HIGHLANDS HUNTINGDON**

CASE MANAGEMENT

**814-643-8619**

**PENN HIGHLANDS TYRONE**

CASE MANAGEMENT

**814-684-6320**

[www.phhealthcare.org/pathway](http://www.phhealthcare.org/pathway)



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## **Welcome! Penn Highlands Healthcare is Here, Here for You. Ready to Help with Your Recovery.**

At Penn Highlands Healthcare, we understand that sometimes you may need care in the hospital setting beyond your acute illness, surgery or injury. We have a program that helps you transition to home, called our Pathway to Healing Program. This program makes it possible for you to receive the support and services you need in one of our Penn Highlands hospitals to feel strong enough to return home.

Our Pathway to Healing Program is designed to help you as you transition from illness to recovery. We provide therapies and skilled nursing services in the hospital that are needed to keep you on the road to good health.

Through a combination of first rate rehabilitative therapies, attentive nursing care and medical supervision, you will gain the strength and independence to care for yourself with confidence.

### **WHO COULD BENEFIT FROM THE PATHWAY TO HEALING PROGRAM?**

- Any patient needing to regain strength and mobility after an illness, surgery or injury.
- Any patient that requires IV antibiotic therapy for an infection or daily complex wound care.

### **WHO QUALIFIES FOR THE PATHWAY TO HEALING PROGRAM AND HOW MUCH WILL MEDICARE COVER?**

Medicare calls this service a “Swing Bed Admission” and requires some specific qualifying medical criteria be met; mainly that you have been an inpatient in the hospital for at least 3 days, and after that continue to need nursing care or therapy services. Medicare covers this under medicare skilled nursing facility benefit, and will cover up to 20 days in full and up

to 100 days with a co-payment as long as Medicare criteria are met. Your Penn Highlands case manager or social worker will assist you with any questions you may have regarding insurance coverage.

### **WHO IS INVOLVED IN YOUR CARE?**

**A plan of care will be developed with you, your family and a team of professionals to assist in meeting your goals. Your health care team will include:**

- **Physicians**
- **Physical Therapists**
- **Nurses**
- **Occupational Therapists**
- **Dieticians**
- **Respiratory Therapists**
- **Pharmacy**
- **Case Manager/Social Worker**

### **YOUR STAY**

The length of your stay will be based on your progress to meet your therapy goals as well addressing your individual medical needs. Your progress will be assessed regularly and discussed with you by members of your health care team. Your case manager or social worker will assist you in planning for your discharge and help set up any services or equipment you may need at home. This will allow you to have a smooth transition to your doorstep.

### **For More Information**

**Penn Highlands Brookville - 814-849-1891**

**Penn Highlands Elk - 814-788-8897**

**Penn Highlands Huntingdon - 814-643-8619**

**Penn Highlands Tyrone - 814-684-6320**

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