

# OUTPATIENT REHABILITATION CENTER

*Penn Highlands Elk*



**Comprehensive Care and  
Recovery from the very best.**

**Penn Highlands Elk** features six fully equipped rehabilitation centers offering physical, occupational and speech services to better suit your needs. Each facility is staffed by quality therapists who evaluate and develop individually tailored rehabilitation programs for our patients.

TO SCHEDULE AN  
APPOINTMENT CALL  
**814-788-8490**

## **PHYSICAL THERAPY**

- Aquatic Therapy
- Concussion Care/ImPACT Testing
- LSVT BIG Program
- LSVT BIG Parkinson's Program
- Lymphedema Management Program
- Neurologic Rehabilitation
- Orthopedic Post-Surgical Rehabilitation
- Pain Management
- Pediatric Therapy
- Pelvic Floor Rehabilitation
- Strengthening Programs
- Vestibular, Balance and Fall Management

## **OCCUPATIONAL THERAPY**

- Activities of Daily Living Training
- Hand Therapy
- LSVT BIG Program
- LSVT BIG Parkinson's Program
- Neurologic Rehabilitation
- Pediatric Therapy

## **INDUSTRIAL REHABILITATION**

- Functional Capacity Assessments
- Job Function Descriptions
- Job Function Tests
- Work Conditioning Program

## **CARDIAC REHABILITATION**

- Phase II Monitor Cardiac Exercise Program

## **SPORTS MEDICINE**

- Athletic Training Programs

## **SPEECH THERAPY**

- Articulation Training
- Cognitive Therapy
- Expressive and Receptive Language Programs
- Pediatric Therapy
- Pragmatics/Social Skills Training

## **LOCATIONS**

### **EMPORIUM**

*A Service of Penn Highlands Elk*  
416 North Broad Street  
**814-486-7878**

### **FOX TOWNSHIP**

*A Service of Penn Highlands DuBois*  
1100 Million Dollar Highway  
**814-788-8071**

### **JOHNSONBURG**

*A Service of Penn Highlands DuBois*  
111 and 113 Cobb Street  
**814-965-5279**

### **KANE**

*A Service of Penn Highlands Professional Group*  
190 N. Fraley Street  
**814-837-8955**

### **RIDGWAY**

*A Service of Penn Highlands DuBois*  
250 West Main Street  
**814-788-5534**

### **ST. MARYS**

*A Service of Penn Highlands Elk*  
757 Johnsonburg Road  
**814-788-8490**