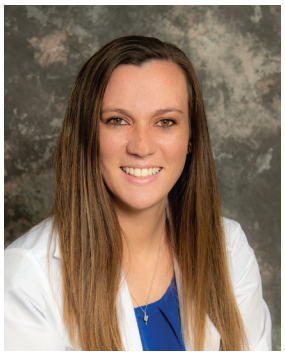
PENN HIGHLANDS HEALTHCARE



KAYLIN STRAUSER-CURTIS, DO, CAQSM

SPORTS MEDICINE

Kaylin Strauser-Curtis, DO, CAQSM is a board-certified physician specializing in sports medicine. Dr. Strauser-Curtis is a fellowship-trained specialist, conferring upon her the highest level of education and training in her field. She provides patients with comprehensive care and leading-edge treatments and procedures.

Medical School – Lake Erie College of Osteopathic Medicine, Erie, PA

Residency – Family Medicine, Penn Highlands Healthcare, DuBois, PA

Fellowship – Sports Medicine, Penn Highlands Healthcare, DuBois, PA

Board Certified – Family Medicine, American Board of Family Medicine

Member – American Academy of Family Physicians
Member – American Medical Society for Sports Medicine
Member – American College of Sports Medicine
Member – American Osteopathic Association
Member – Pennsylvania Osteopathic Medical Association

COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Carpal tunnel release (CTR)
- Concussion diagnosis and treatment
- Cryoneurolysis (Iovera)
- Fractures
- Joint injections
- Joint injuries, such as dislocations
- Micro-invasive trigger finger release
- Minimally-invasive tendon procedures to treat
- Tennis elbow, golfers elbow, plantar fasciitis, shoulder pain, achilles tendonitis, hip pain
- Minimally-invasive tenotomy utilizing Tenex, Tenjet
- Orthobiologic injections
- Stem cell, platelet-rich plasma "PRP"
- Overuse injuries, including
- Stress fractures, tendonitis, osteoarthritis
- Pain block for knee pain, hip pain, shoulder pain
- Peripheral nerve stimulator (Sprint)
- Prolotherapy
- Ultrasound-guided diagnosis, treatment and injections

To learn more about sports medicine services at Penn Highlands Healthcare, visit www.phhealthcare.org/sportsmedicine.

PENN HIGHLANDS ORTHOPEDICS AND SPORTS MEDICINE

A Service of Penn Highlands DuBois
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Clarion, PA 16214

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Punxsutawney, PA 15767

814-297-8861 phone
814-297-8862 fax

761 Johnsonburg Road
Suite 310
St. Marys, PA 15857
814-834-1686 phone
814-834-6291 fax

Penn Highlands Healthcare

Penn Highlands Orthopedics and Sports Medicine

Advanced Medicine. Here.