



CHRISTOPHER VARACALLO, DO, CAQSM, FAAFP ORTHOPEDIC/SPORTS MEDICINE

Christopher Varacallo, DO, sports fellowship-trained and board-certified orthopedic physician, provides comprehensive non-surgical orthopedic care to patients at Penn Highlands Orthopedics and Sports Medicine in DuBois and Clarion. He possesses additional expertise in the areas of athletic injuries, osteopathic medicine and athletic training programs.

Medical School - Ohio University College of Osteopathic Medicine, Athens, OH

Residency - Family Medicine, Fairview Hospital/Cleveland Clinic, Cleveland, OH

Fellowship - Sports Medicine, Palmetto Health/University of South Carolina, Columbia, SC

Member - American College of Sports Medicine

Member - American Medical Society of Sports Medicine

Member - American College of Osteopathic Family Physicians

Member - American Academy of Family Physicians

Member - American Osteopathic Association

COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Joint injuries, such as dislocation
- Fractures
- Overuse injuries, including:
 - Stress fractures
 - Tendonitis
 - Osteoarthritis
- Joint injections
- Ultrasound-guided diagnosis, treatments and injections
- Concussion treatment
- Pain block for knee pain, hip pain, shoulder pain
- Minimally-invasive tendon procedures to treat:
 - Tennis elbow
 - Shoulder pain
 - Hip pain
 - Plantar fasciitis
 - Achilles tendonitis
- Biologic injections
- Prolotherapy
- Carpal tunnel release (CTR)

To make an appointment, contact the office or visit phhealthcare.org/orthopedics to learn more about Orthopedic Surgery services available at Penn Highlands.

PENN HIGHLANDS ORTHOPEDICS AND SPORTS MEDICINE

A Service of Penn Highlands DuBois

Clarion Community

Medical Building

265 Holiday Inn Road

Route 68

Clarion, PA

814-297-8861 phone

814-297-8862 fax

123 Hospital Avenue

First Floor

DuBois, PA 15801

814-375-6200 phone

814-375-6452 fax

Accepting major insurances.

