



# SARAH YARGER, PA-C

## ORTHOPEDICS/ORTHOPEDIC SURGERY

Sarah Yarger is a certified physician assistant at Penn Highlands Orthopedics and Sports Medicine. Sarah offers experienced care for a wide range of conditions causing bone and joint pain. If you're suffering from an injury or joint condition, Sarah will have you back in the game in no time—whether you're playing sports competitively or playing a game of tag with your grandchildren.

**Education** – Master in Physician Assistant Studies, Slippery Rock University of Pennsylvania, Slippery Rock, PA

**Education** – Bachelor of Science in Health Sciences, Lock Haven University of Pennsylvania, Lock Haven, PA

**Certification** – National Commission on Certification of Physician Assistants

### COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Physical exams and treatments for sports related injuries, arthritic conditions and fractures
- Assessment of joints, bones and muscular injuries
- Joint injections of the hip, knee and shoulder
- Casting
- Splinting
- Ordering and reviewing imaging
- Assist with surgeries

To learn more about orthopedic services at Penn Highlands Healthcare visit us at [www.phhealthcare.org/orthopedics](http://www.phhealthcare.org/orthopedics).

### PENN HIGHLANDS ORTHOPEDIC AND SPORTS MEDICINE

A Service of Penn Highlands DuBois

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**Penn Highlands Orthopedics  
and Sports Medicine**

Advanced Medicine. Here.