

HEALTHY BEGINNINGS PLUS

Penn Highlands DuBois

Prenatal Care for You and Baby

Good prenatal care is vital for expectant mothers and their babies. Studies show that women who receive medical attention during pregnancy reduce the risk of premature birth and have healthier babies.

A healthy baby should not depend on how much money you have. If you're enrolled in the Pennsylvania Medical Assistance program, **HEALTHY BEGINNINGS PLUS** is a program that can help you give your baby the best start in life.

HEALTHY BEGINNINGS PLUS

Medical Arts Building

145 Hospital Avenue, Suite 315

DuBois, PA

814-371-6172

www.phhealthcare.org/lungcenter



The **HEALTHY BEGINNINGS PLUS** staff at Penn Highlands DuBois and Dr. Ioanna Kannellitsas and Melissa Allio, CRNP provide medical care, nutritional counseling, social services, childbirth classes, parent education and tobacco cessation counseling.

An expectant mother can receive all of her prenatal care and deliver her newborn at The Maternal and Child Center of Penn Highlands DuBois.

