



HOLLY KIFER, CNM

OBSTETRICS AND GYNECOLOGY

Holly Kifer, CNM, is a board certified midwife who provides individualized and compassionate care to patients in DuBois.

In addition to providing skilled obstetric care throughout pregnancy, Holly regularly performs annual exams, family planning consultations, insertion and removal of IUDs and Nexplanon, and other procedures.

Education - Bachelor of Science, Interdisciplinary Health Studies, Michigan State University, East Lansing, MI

Education - Bachelor of Science, Nursing, University of Colorado Denver, Aurora, CO

Education - Master of Science, Nurse Midwifery, University of Colorado Denver, Aurora, CO

Board Certified - Nurse Midwife by the American College of Nurse Midwives

Member - American College of Nurse-Midwives

COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Annual exams
- Family planning management including:
 - IUD's
 - Nexplannons
 - Contraceptive pills
- Prenatal, intrapartum and postpartum care
- Normal physiologic care

To make an appointment or to find out more about Penn Highlands Life's Journey OB/GYN, contact the office at 814-371-1900 or visit www.phhealthcare.org/lifesjourney.

**PENN HIGHLANDS
LIFE'S JOURNEY OB/GYN**
A Service Penn Highlands DuBois

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Accepting major insurances.

