



CHRISTOPHER VARACALLO, DO, CAQSM, FAAFP

ORTHOPEDIC/SPORTS MEDICINE CARE

Christopher Varacallo, DO, sports fellowship-trained and board-certified orthopedic physician, provides comprehensive non-surgical orthopedic care to patients at Penn Highlands Orthopedics in DuBois. He possesses additional expertise in the areas of athletic injuries, osteopathic medicine and athletic training programs.

Medical School - Ohio University College of Osteopathic Medicine, Athens, OH

Residency - Family Medicine, Fairview Hospital/Cleveland Clinic, Cleveland, OH

Fellowship - Sports Medicine, Palmetto Health/University of South Carolina, Columbia, SC

Member - American College of Sports Medicine

Member - American Medical Society of Sports Medicine

Member - American College of Osteopathic Family Physicians

Member - American Academy of Family Physicians

Member - American Osteopathic Association

COMMON TREATMENTS AND PROCEDURES INCLUDE:

- Joint injuries, such as dislocation
- Non-surgical fractures
- Overuse injuries, including:
 - Stress fractures
 - Tendonitis
 - Osteoarthritis
- Joint injections
- Ultrasound-guided diagnosis, treatments and injections
- Concussion treatment
- Nerve block for knee pain
- Minimally-invasive tendon procedures to treat:
 - Tennis elbow
 - Shoulder pain
 - Hip pain
 - Plantar fasciitis
 - Achilles tendonitis
- Biologic injections
- Prolotherapy

To make an appointment or to find out more about the Orthopedic services at Penn Highlands Healthcare, contact the office at 814-375-6200 or visit www.pnhealthcare.org.

PENN HIGHLANDS ORTHOPEDICS

A Service of Penn Highlands DuBois

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Accepting major insurances.

