

PENN HIGHLANDS COMMUNITY NURSES HOME CARE OSTOMY SUPPORT GROUP

WHAT IS THE SUPPORT GROUP? WHAT ARE THE MEETINGS LIKE?

The ostomy support group meets once monthly to share experiences, provide support to one another and learn about the most updated products and ostomy information. The meetings are informal round-table discussions on topics of interest, new product demonstrations, occasional guest speakers and a question and answer session with the ET nurse (enterostomal therapy) nurse or WOC nurse (Wound, Ostomy, and Continence Nurse). A WOCN is a nurse certified in the management of an ostomy. A WOCN is present at every meeting.

CAN PATIENTS WITH ANY TYPE OF OSTOMY ATTEND THE MEETINGS?

Any patient with any type of ostomy, whether it be permanent or temporary is welcome to attend. There are three main types of ostomies: colostomy, ileostomy and urostomy. Patients with all three types of ostomies have attended meetings on a regular basis. Many patients bring family members or friends with them. Friends and family are always welcome to attend.

Patients who are ostomy "rookies" and have recently had surgery and experienced "ostomates" alike are also welcome.

WHY SHOULD I ATTEND A MEETING?

Speakers have included medical supply reps, a registered dietician, pharmacists and reps from the major appliance manufacturers to include Hollister, Convatec and Coloplast. Since the group was started, there have been many updates to products and advances continue to be made. By attending meetings, you can stay up to date, learn from others who have been through similar experiences and make new friends.

Member UOAA #238 - The group is a member of the UOAA (the United Ostomy Associations of America)

The UOAA services include: Advocacy, Non-profit status, conferences, The Phoenix Magazine, Toll-free Help/Referral Line, Special Interest Groups, Ostomy Community Liaison.

UOAA contact information:
800-826-0826 or www.uoaa.org

www.communitynurses.org



OSTOMY SUPPORT GROUP

Meeting information:

12:00 - 1:00 PM

1st Tuesday of each month

(April, May, June, September, October and November)

Home Health Conference Room
Dr. Samuel J. Waterworth
Medical Building
1033 Turnpike Avenue
Clearfield, PA 16830

For more information:

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Penn Highlands
Community Nurses