HUGS FOR KIDS AND TEENS (K through 12th grade), grief support programs will begin **Tuesday, March 26, 2019** at 6:30 PM. The group will continue for five consecutive Tuesday evenings and end on **April 30, 2019**.

The program will be held in the Penn Highlands DuBois Central Resources Center, 240 Hospital Avenue, DuBois, PA 15801.

There is no fee for participation; however, participants do need to register by calling 814-781-4722.

**IF YOU’RE OLD ENOUGH TO LOVE, YOU’RE OLD ENOUGH TO GRIEVE.**

Your interest and support are appreciated. For more information, brochures or to register a participant, please contact Penn Highlands Community Nurses Hospice at 814-781-4722.

Sponsored by Penn Highlands Community Nurses Hospice and funded by the Gray Foundation, these bereavement programs provide a safe and supportive atmosphere where children and teens, who have experienced the death of a loved one can share their experiences and feelings. The facilitators will assist children and teens in learning ways to deal with the grieving process through discussions, role playing, art and literature.