

Penn Highlands has the RIGHT CARE, RIGHT PLACE, RIGHT HERE.

Primary Care

When doctor's office is open:

- ✓ Regular physicals, vaccinations and screenings
- ✓ Management of a chronic condition
- ✓ Flu-like symptoms
- ✓ Fever; vomiting
- ✓ Coughs, colds, sinus problems, earaches
- ✓ Sprains, back pain
- ✓ Rashes
- ✓ Minor eye problems
- ✓ Minor cuts and abrasions
- ✓ Minor aches and pains
- ✓ Bladder infections
- ✓ Tick and insect bites

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Primary
Care Clinics

www.phhealthcare.org/primarycare

QCare Walk-In Clinic

When doctor's office isn't an option:

- ✓ Flu-like symptoms
- ✓ Fever
- ✓ Vomiting
- ✓ Coughs, colds, sinus problems
- ✓ Earaches
- ✓ Sprains
- ✓ Back pain
- ✓ Rashes
- ✓ Minor eye problems
- ✓ Minor cuts and abrasions
- ✓ Minor aches and pains
- ✓ Bladder infections
- ✓ Tick and insect bites

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QCare
Walk-in Clinics

www.phhealthcare.org/qcare

Emergency Room

24/7/365 days a year:

- ✓ Chest pain
- ✓ Stroke
- ✓ Heart attack
- ✓ Severe abdominal pain
- ✓ Major head injuries
- ✓ Major trauma
- ✓ Compound fracture (bone visible)
- ✓ Shortness of breath
- ✓ Ingestion of poisons
- ✓ Seizures
- ✓ Dizziness
- ✓ Severe burns
- ✓ Shock
- ✓ Snake bites
- ✓ Uncontrollable bleeding

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Emergency
Departments

www.phhealthcare.org/ed

Always bring your insurance cards, your personal identification, your co-payment and a list of your current medications.

If you think you are experiencing a life-threatening condition, call 9-1-1 or seek immediate medical attention at the nearest Emergency Department.

