

OUTPATIENT REHABILITATION CENTER OF PENN HIGHLANDS ELK

**COMPREHENSIVE CARE
AND RECOVERY FROM THE
VERY BEST.**

PENN HIGHLANDS ELK
features a **FULL SERVICE
REHABILITATION CENTER** in
a state-of-the-art facility staffed
by quality therapists who evaluate
and develop individually tailored
rehabilitation programs for our
patients.

**TO SCHEDULE AN
APPOINTMENT CALL
814-788-8890**



PHYSICAL THERAPY

- Aquatic Therapy
- Lymphedema Management Program
- Pain Management
- Pediatric Therapy
- Neurologic Rehabilitation
- Orthopedic Post-Surgical Rehabilitation
- Strengthening Programs
- Vestibular, Balance and Fall Management

OCCUPATIONAL THERAPY

- Activities of Daily Living Training
- Hand Therapy
- Lymphedema Management Program
- Neurologic Rehabilitation
- Pediatric Therapy

INDUSTRIAL REHABILITATION

- Functional Capacity Assessments
- Job Function Descriptions
- Job Function Tests
- Work Conditioning Program

CARDIAC REHABILITATION

- Phase II Monitor Cardiac Exercise Program

SPORTS MEDICINE

- Athletic Training Programs

SPEECH THERAPY

- Articulation Training
- Cognitive Therapy
- Expressive and Receptive Language Programs
- Pediatric Therapy
- Pragmatics/Social Skills Training
- Vital Stimulation Swallowing Program



LOCATIONS

We offer rehabilitation services in several different locations for the convenience of our patients.

EMPORIUM

416 North Broad Street
814-486-7878

FOX TOWNSHIP

Skyline Drive, Kersey
814-788-8071

JOHNSONBURG

111 and 113 Cobb Street
814-965-5279

KANE

628-A North Fraley Street
814-837-8955

RIDGWAY

104 Metoxet Street
814-788-5534

ST. MARYS

Outpatient
Rehabilitation Building
757 Johnsonburg Road
814-788-8490