

CENTER FOR CHILDREN'S REHABILITATION

Penn Highlands Mon Valley



Penn Highlands Mon Valley Center for Children's Rehabilitation provides specialized services to meet the rehabilitation needs of children and adolescents. Our caring professionals understand the challenges that families face when their child has a physical or developmental disability. Penn Highlands is committed to the medical, educational and emotional needs of children/adolescents and their families, and will continue to provide innovative, comprehensive programming to help children obtain the best life possible.

CENTER FOR CHILDREN'S REHABILITATION

1029 Country Club Road, Suite 202
Monongahela, PA

HOURS OF OPERATION

Day and Evening Hours are available by appointment.

SERVING A FIVE-COUNTY AREA

- Physical Therapy
- Occupational Therapy
- Speech Therapy

Please call 724-258-2971 to make an appointment or for more information.

Penn Highlands Mon Valley Center for Children's Rehabilitation treats children, adolescents and young adults, birth to age 21. Our services include but are not limited to these conditions:

- Apraxia
- Attention Deficit Disorders/ADHD
- Autism Spectrum
- Developmental Delay
- Down Syndrome
- Fine and Gross Motor Skill Delay
- Neuromuscular and Neurological Conditions
- Orthopedic Disorders
- Pervasive Developmental Disability
- Sensory Integration Disorders
- Speech/Language Delays and Disorders
- Swallowing Disorders

REFERRALS

A prescription written by a physician is required. A preauthorization and/or referral for services may be needed. Family must actively participate in the assessment process and interventions.

INSURANCE

Most therapy is covered by third-party-payers. Many special needs children and adolescents are eligible for Medical Assistance. A financial need application is available upon request.

Moving.
Treating.
Advancing.

INTERDISCIPLINARY TEAM

Penn Highlands Mon Valley's interdisciplinary team works together to provide comprehensive rehabilitation services to help children and adolescents with special needs reach their optimal potential physically, socially, emotionally and intellectually. The Rehabilitation Team coordinates care in the areas of physical, occupational and speech therapies. The therapists assess the child or adolescent's needs, establish goals and create an individualized intervention plan. Families and caregivers play an important role in the development and implementation of the rehabilitation program. The team members serve as a valuable resource to enhance the child/adolescent's life experience within the community.

SERVICES

Physical Therapy – Physical Therapy is provided to improve gross motor, mobility and balance skills. Our physical therapists enhance gross motor skills through a number of techniques, including play activities, gym exercises and specialized equipment. Treatment interventions are individualized to each child or adolescent. Additional services include stretching, strengthening and aerobic exercises, joint mobilization, thermal treatments such as ice and heat and patient and family education.

Speech Therapy – Effective communication is vital to success at home, school and in the community. Speech, language, voice and swallowing issues should be identified and treated early. Individual therapy sessions are available for the full range of communication and swallowing disorders. Specialized evaluation and treatment services include Assistive Technology and Augmentative Communication, Neuromuscular Electrical Stimulation for swallowing problems, Auditory Processing to maximize language and reading and the use of Interactive Social Stories to promote the functional use of communication strategies.

Occupational Therapy – The Occupational Therapists provide assessment and intervention in the areas of Daily Living Activities, Visual Perception, Sensory Processing and Coordination Skills. Occupational Therapists facilitate developmental skills and introduce adaptive techniques to maximize each child or adolescent's functional independence.

Helping children and adolescents reach their optimal potential.



FROM OUR PARENTS...

"The Penn Highlands Mon Valley Center for Children's Rehabilitation is a great place for children with needs. Since my son has been coming to the Center for his occupational and speech needs, he has shown great improvement. He went from virtually no vocabulary or social skills to an enormous vocabulary with the ability to adapt to other children in public situations. I would recommend the Center to anyone whose children need physical, occupational or speech services. The staff is very special and have done wonders for my child."

"We think your Speech Therapy Program is a necessity for children like our daughter. Your staff is very professional and extremely accommodating when it comes to scheduling appointments and time constraints. Our daughter is benefiting a great deal from this program."

"Your program is such a great asset to the community. We searched far and wide for a program that would meet our daughter's needs but were unsuccessful until we found your program. We would highly recommend it to any parents or caregivers. Thank you for helping our daughter."

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