

PREGNANCY AND POSTPARTUM MOTHER'S

Substance Use Disorder Recovery Support Group



Every Thursday - 1:00 PM
635 Maple Avenue
1st Floor
Stern Center Conference Room
DuBois, PA

For more information, call
814-375-6206

Support group topics:

- Life management skills
- Anger and aggression
- Building resiliency
- Lifestyle wellness
- Personal and intimate relationship skills
- Substance abuse and recovery
- Communication skills
- Domestic violence survival
- Conflict management
- Practical life skills
- Essential work skills
- Discovering your spiritual path